

Depleted Uranium (DU) Medical Management

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8th Annual Force Health Protection Conference 11 August 2005

Learning Objectives



- Define appropriate DU medical management and review the service-specific DU programs
 - Discuss Deployment Health Clinical Center's role in DU medical management
 - Describe available tools for assisting physicians in DU medical management

DoD Policies for Depleted Uranium (DU) Medical Management * Why Were Policies Issued?

- DoD's commitment to ensuring the health concerns of our redeploying personnel are addressed
- Quantify and document DU exposure
- Identify DU-exposed service members for referral to VA DU Follow-up Program to determine any long-term implications of DU exposure
- Historical precedent (Operation Desert Shield/Desert Storm)

DoD Policies for DU Medical Management What Are the Policies?



- ◆ 30 May 2003, OSD(HA) 03-012, Policy for OIF Depleted Uranium (DU) Medical Management
- ♠ 6 Feb 2004, OSD(HA) 04-004, DoD Deployment Biomonitoring Policy and Approved Bioassays for Depleted Uranium and Lead
- 9 Apr 2004, OSD(HA) Memorandum, OIF Depleted Uranium Medical Management

OSD(HA) 03-012 Policy for OIF DU Medical Management, 30 May 03 What Is Required?



- ◆ Identification of all OIF service members, DoD civilians, and volunteers accompanying US Forces with potential DU exposure
 - Review of operational events (friendly fire)
 - Post-Deployment Health Assessment (DD Form 2796)
- Qualitative assessment of level of exposure for service members and government civilians (refer others)
- DU bioassays for those with potential for significant exposure

Identification and Assessment Possible DU Exposure



- ♠ Level I: Personnel struck by DU munitions/fragments or who were in, on, or within 50 meters of an armored vehicle when it was struck
- ♠ Level II: Personnel who routinely enter DUdamaged vehicles or fight fires involving DU munitions as part of their military occupational specialty
- ♠ Level III: Personnel with "incidental" (insignificant DU exposures) -- infrequent exposure not expected to result in significant uptake of DU

Urine DU Bioassays



- Required for Levels I and II exposures; optional for Level III
 - 24-hour urine samples taken within 180 days (ideally) of exposure sent to approved lab IAW with Service guidance
 - Bioassays consist of testing urine, normalized for urine creatinine values, for
 - total uranium
 - presence of DU (isotopic analysis)
 - Submission of Depleted Uranium Questionnaire, and Health Survey (DD Forms 2872 and 2872-1 Test) with urine samples

OSD(HA) 03-012 DU Policy What Is Required? (Cont)



- Personnel notified of their results
- ♠ Referral to Baltimore VA Medical Center DU Follow-Up Program offered to those with embedded DU fragments and others with documented significant exposures
- Use of health risk communication practices throughout the process

OSD(HA) 04-004, DoD Deployment Biomonitoring Policy and Approved Bioassays for Depleted Uranium and Deployment Lead,

- **Feetination** of Biomonitoring the assessment of individual exposures to various substances, especially harmful chemicals, by measuring the parent compound or its metabolites in biological media (e.g., blood, urine, hair, and breath) of exposed personnel
 - Policy contains:
 - Criteria for the approval of bioassays to support deployment operations
 - Guidance and procedures for DU bioassay
 - Includes requirement for forwarding any embedded fragments which have been removed for analysis

OSD(HA) Memorandum, OIF DU Medical Management, 9 Apr 04



- Requires Services to submit semi-annual report of DU urine bioassay results, including VA referrals
- ◆ Clarifies OSD(HA) 03-012, Policy for OIF Depleted Uranium (DU) Medical Management, 30 May 03:
 - DU-Exposed Personnel Identification
 - In addition to using DD Form 2796 to identify DU-exposed personnel, advises MTFs to locate units involved in operations or incidents resulting in possible DU exposure
 - DU Exposure Assessment
 - Directs use of DoD DU Questionnaire and Health Survey forms (DD Form 2872 Test and DD Form 2872-1 Test) for evaluation and assigning exposure category (Level I, II, or III)

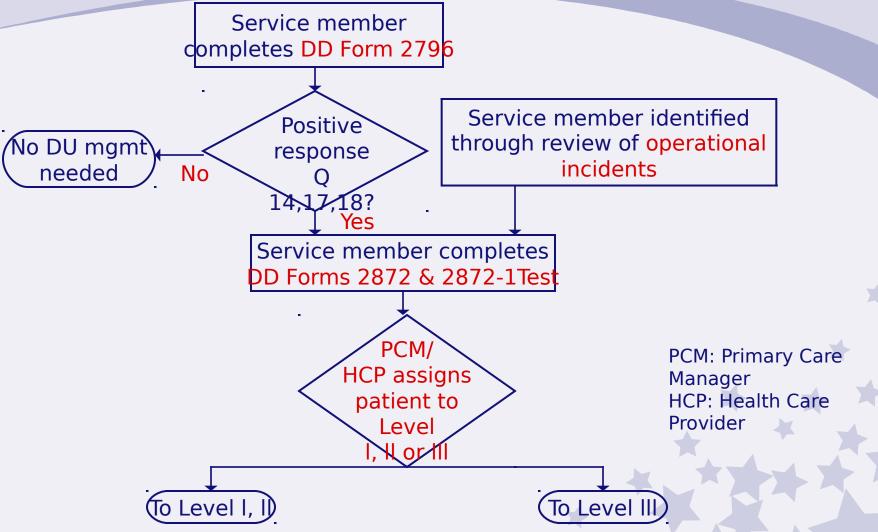
OSD(HA) Memorandum, OIF DU Medical Management, 9 Apr 04 (Cont)



- DU Bioassay Procedures
 - Test even if it is more than 180 days after exposure
 - Testing laboratories should store 250 ml aliquot of each specimen indefinitely
 - Provides Protocol for DU Urine Validation Testing and Referrals to Baltimore VA Follow-Up Program
 - VA referrals must be coordinated through the DHCC
- DU Exposure Surveillance and Tracking
 - Sufficiently detailed information should be collected regarding exposure incidents to ensure appropriate characterization of service member exposure
- Archiving and DU Case Management
 - Requires Service labs and Baltimore VA to forward all DU exposure assessment and testing results to DHCC to archive

Algorithm for Identifying Potential DU Exposures





Depleted Uranium (DU) Questionnaire DD Form 2872 Test

2 Test

DHCC

DEPLOYMENT HEALTH CLINICAL CENTER

- Modification of VA Form 10-9009D
- ♠ 3 Parts
 - Demographic data
 - History and classification of DU exposure
 - Urine uranium results
- Published as test form Feb 04
- Currently under revision

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Revision to DU Questionnaire DD Form 2872 Test

- DHCC
 DEPLOYMENT HEALTH CLINICAL CENTER
- ◆ DD Form 2872 Test being revised to improve data collection and patient follow-up
- Additions made to form include:
 - Demographic data section
 - Point of contact who will always know how to reach service member
 - Permanent military status at time of exposure and current military status
 - Permanent unit and attached unit during deployment
 - Email address
 - Headings for types of exposure circumstances
 - Description of possible DU exposure incident section
 - Including other service members involved

Health Survey DD Form 2872-1 Test

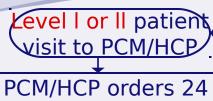


- Short, generic measure of health-related functioning
- Consists of 36 questions asking the patient to describe physical or emotional problems over the past four weeks
- Contents identical to Short Form (SF) 36
- Published as test form Feb 04

		HEALTH											
(Supersedes Short Form (SF) - 36)													
PRIVACY ACT STATEMENT													
AUTHORITY: Sections 1074f, 3013, 6013, 8013, Title 10, U.S. Code; and E.O. 9397.													
PRINCIPAL PURPOSE(S): To assess your state of health after deployment or for any deployment related concern and to assist military health care providers in identifying and providing present and future medical care to you.													
ROUTINE USE(S): To other Federal and State agencies and civilian health care providers as necessary, in order to provide													
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	on by selecting the answer	ras indicated.	. If you are	unsure about	how to ansi	wer a questio	on, please						
give the best answer yo	u can.												
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	eks, how much of the tim		ad any of the	e following pr	oblems with	your work o	r other						
regular daily activitie	s as a result of your physic	cal health?	All of	Most of	Some of	A little of	None of						
a. Cut down on the	amount of time you spent	on work or	the time	the time	the time	the time	the time						
other activities			0	0	0	0	0						
	ss than you would like		٥	Ō	٥	٥	٥						
c. Were limited in the	he kind of work or other ac	stivities	0	О	0	0	0						
d. Had difficulty per (for example, it t	forming the work or other ook extra effort)	activities	0	О	0	0	o						
DD FORM 2872-1 TE	ST. FEB 2004												
						1	Reset						

Process for Ordering DU Bioassay



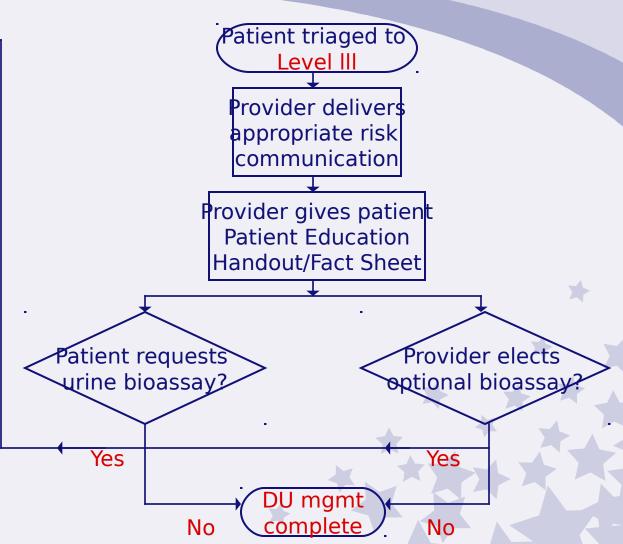


PCM/HCP orders 24 hour urine bioassay, preferably NLT 180 days post-exposure

PCM/HCP gives patient Patient Education Handout#Fact Sheet

PCM/HCP delivers
appropriate risk
communication about
DU bioassay testing

Service specific DU processin



Laboratory Testing



24-Hour Urine Samples
Sent to ServiceDesignated Lab

- ♠ Army USACHPPM Lab
- ♠ Air Force AFIOH Lab
- Navy/Marines VA Lab

Urine Creatinine Analysis
Performed at ServiceSpecified Lab

- Army Local MTF Lab (Results sent to USACHPPM with urine specimen)
- Air Force Local MTF Lab
 (Results sent to AFIOH with urine specimen)
- Navy/Marines VA Lab

USACHPPM – US Army Center for Health Promotion and Preventive Med AFIOH – Air Force Institute for Operational Health VA – Baltimore Veterans Affairs Medical Center

Testing Embedded Fragments



- ♣ HA Policy 04-004 states:
 - "Forward any embedded fragments removed from injured personnel to an appropriate laboratory for analysis of the metal composition."
- ◆ Testing is useful for verifying the source of DU exposure and identifying other types of fragments that may pose potential health risks or require medical follow-up

Laboratory Analysis for Uranium and Depleted Uranium



Army

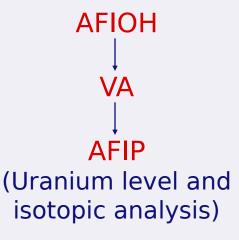
USACHPPM

(Uranium level and isotopic analysis when uranium level is ≥ 268 ng/L)

AFIP

(Isotopic analysis when uranium level is <268ng/L)

Air Force



Navy/Marines

DU Bioassay Results



- Bioassay results and interpretation prepared by
 - USACHPPM Army
 - Baltimore VA Air Force, Navy/Marines

DU Bioassay Results (Cont)



- Results distributed to
 - Ordering provider/lab
 - Notifies patient of results
 - Ensures results are filed in patients' medical record
 - Air Force and Navy/Marine patients receive letter with results from VA
 - Service-specific dosimetry center
 - Deployment Health Clinical Center for central archiving

Service-Specific DU Policies (//



- Army OTSG/MEDCOM Policy Memo 05-003, Medical Management of Army Personnel Exposed to Depleted Uranium (DU), 4 Mar 05
- ♠ Air Force SG Policy Letter #03-003, Air Force Medical Service Policy on Operation IRAQI FREEDOM Depleted Uranium (DU) Medical Management, 14 Aug 03
- Navy/Marines BUMED Instruction 6470.10B, Initial Management of Irradiated or Radioactively Contaminated Personnel, 26 Sep 03

Army DU Medical Management Policy

- ◆ Original OTSG/MEDCOM Policy Memo 03-007, 13 Jan 04 superseded by Memo 05-003, 4 Mar 05
- Major changes:
 - Eliminated the requirement to collect urine specimens in Theater for DU bioassay
 - Recommended the assignment of a case manager at each MTF to:
 - Act as single POC at the MTF for DU issues
 - Facilitate transmittal of DU bioassay results
 - Coordinate referrals to VA DU Follow-Up Program through the Deployment Health Clinical Center

Service Summary OIF DU Bioassay Results 1 Jun 03 - 31 Mar 05

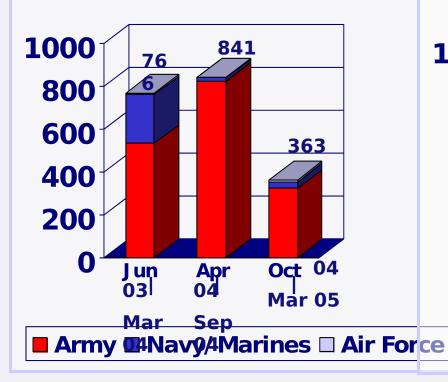


Exposure Category	Army	Navy/ Marine s	Air Force	T O T A L	Elevate d Total Uraniu m	Detect -able DU	Retained Fragment s
Level I	175	41	2	218	8	6	12
Level II	223	203	7	433	13	0	* 1
Level III	187	22	7	216	2	0	6
Uncat	1093	10	0	110 3	113	* 1	28
Total	167 8	276	16	197 0	136	7	47

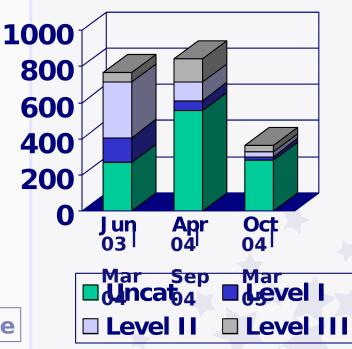
Semi-Annual DU Bioassay Results 1 Jun 03 - 31 Mar 05







DU Bioassays by Exposure Category



Referral to Baltimore VA DU Follow-Up Program



- ♠ All service members with embedded DU fragments and others with positive DU bioassay results will be offered referral to the VA DU Follow-Up Program
 - Biennial comprehensive physical examinations and repeat DU bioassays (2 1/2 days)
- ♠ In accordance with ASD Memorandum 9 April 2004, all referrals must be coordinated through the Deployment Health Clinical Center (DHCC)
- Primary care manager or health care provider will contact the DHCC to make arrangements with the VA for the referral (Use SF 513, Consultation Sheet)

Learning Objectives



- Define appropriate DU medical management and review the servicespecific DU programs
- Discuss Deployment Health Clinical Center's role in DU medical management
- Describe available tools for assisting physicians in DU medical management

DHCC's Role in Implementing (ASD(HA) DU Policy

- DHCC DEPLOYMENT HEALTH CLINICAL CENTER
- Provide clinical guidance for implementing DoD DU Policy
 - Clinical consultation
 - Tools and resource material
- ◆ Serve as central archive for all DoD patient information related to DU exposure, testing, and follow-up for active duty and reserve personnel
- Coordinate referral of DU positive patients to Baltimore VA DU Follow-Up Program

Learning Objectives



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- Discuss Deployment Health Clinical Center's role in DU medical management
- Describe available tools for assisting physicians in DU medical management

DHCC Depleted Uranium Page www.PDHealth.mil

DHCC
DEPLOYMENT HEALTH CLINICAL CENTER

- Policies and Directives
- Clinical Guidance
- Forms and Measures
- Fact Sheets
- Other DU-Related Information
- Education and Training
- Research
- Related Links



PDH-CPG Toolbox Reference Card on Depleted Uranium



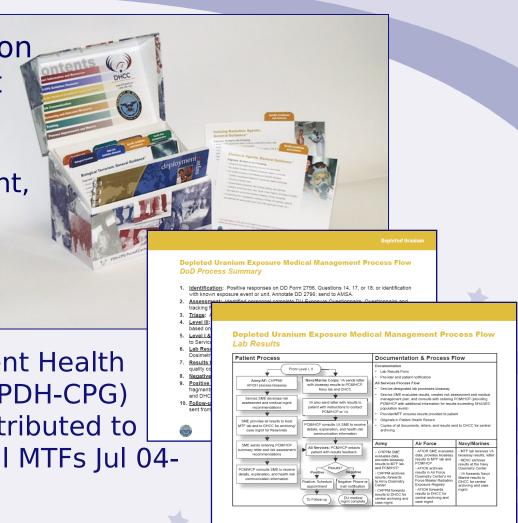
Six-sided laminated card on DU Medical Management Process Flow includes:

DoD Process Summary

 Identification, Assessment, and Triage

- Levels I, II, and III
- Lab Results
- Follow-Up

◆ Contained in Post-Deployment Health Clinical Practice Guideline (PDH-CPG) Desk Reference Toolbox distributed to Primary Care Providers in all MTFs Jul 04-May 05



Located on www.PDHealth.mil

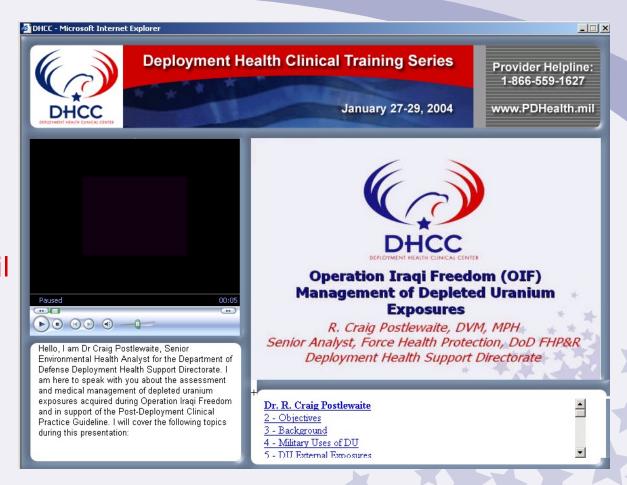
Depleted Uranium Presentation www.PDHealth.mil

DHCC DEPLOYMENT HEALTH CLINICAL CENTER

- ♦Video
- **♦**Script
- **♦**Slides
- ♠Located on www.PDHealth.mil and in Post-Deployment Health Clinical Practice Guideline (PDH-CPG)

Desk Reference

Toolbox



Recent DU Fact Sheets

- Depleted Uranium Information for Service Members an or to people who are exposed.

 Service Members an or to people who are exposed. But to people who are exposed. Their Families 17 Sep 04
- Depleted Uranium Information for Clinicians 17 Sep 04
- US Army Capstone **Depleted Uranium** Aerosols Study & Human Health Risk Assessment

For Service Members and Their

Depleted Uranium Information for Service Members and Their Families



Depleted Uranium Information for Clinicians



Revised: September 17, 2004

Depleted Uranium, or DU, is a ver other equipment. It is also used to heavy armor. DU munitions were currently the most effective metal weapons. It is also used as coun containers used to transport radio radiation from DU. From a medica ttle if any hazard. Because DU is

FACTS ABOUT DU

DU is a remaining product of the naturally metal, uranium when it is enriched to ma or nuclear weapons. Uranium is found in everywhere, and we are exposed to small everyday. We breathe it in dust, eat it wi in our water. It is not a rare or unusual ex sources of natural radiation include cosm metals, such as potassium, that are four and water. The Agency for Toxic Substai Registry estimates that there is an averanaturally occurring uranium in every squ

DU is produced during the process to enr uranium contains far more of the isotope DU is actually a remaining product from the Because DU has had much of its radioact removed, it is weakly radioactive and is 4 radioactive than naturally occurring urani

SCIENTIFIC CONCLUSIONS AB RADIATION RISK FROM DEPLE

You may find DOD's perspective on DU have examined DU for many purposes, h conclusions are shown below.

RAND, 1999. "(N)o evidence is documer cancer or any other negative health effect received from exposure to natural uraniur ingested, even at very high doses." Since radioactive than naturally occurring urani



Revised: September 17, 2004

Depleted Uranium is a very defuel and nuclear weapons com called "depleted uranium," or D through heavy armor. DU is cu is also used as counterweights used to transport radioactive m from DU. From a clinical perspe embedded fragments, although

PATIENTS' CONCERN ABOU

While radiation from DU may not I scientific or clinical viewpoint, it is like first concerns. It can be particularly because someone exposed to radia much exposure is occurring or what occur as a result of the exposure. F smell it, hear it, or taste it.

SCIENTIFIC CONCLUSIONS RADIATION RISK FROM DEP

DOD assurances about DU may not h your patients. Others have examined however, and their conclusions are sh

RAND, 1999. "(N)o evidence is docur cancer or any other negative health e received from exposure to natural uran ingested, even at very high doses." A uranium is 40 percent less radioactiv poses less of a radioactive risk.

Department of Health and Human S Toxic Substances and Disease Re Toxicological Profile for Uranium. type has ever been seen as a result (depleted uranium."

United Kingdom Royal Society, May estimates of risk are one hundred tim any excess of fatal cancer would be de 10.000 soldiers followed over 50 years

European Commission, March, 200 account the pathways and realistic sc exposure, radiological exposure to des cause a detectable effect on human h

Deployment Health and Family Readiness

U.S. Army Capstone Depleted Uranium Aerosols Study & Human Health Risk Assessment

Information for Servicemembers and their Families

March 10, 2005

Summarv

- The Capstone Depleted Uranium Human Health Risk Assessment determined there would be little or no impact on the health of service members who breathe in DU dust particles while inside tanks or other vehicles hit by DLI munitions
- The Capstone DU Aerosols Study showed that operating vehicle ventilation systems are very effective in reducing DU particle concentrations and, therefore, reducing potential DU exposures to personnel inside the
- . The Departments of Defense and Veterans Affairs are committed to fully addressing the health concerns of individuals with DU exposures. DoD continues to screen personnel for DU exposure and the VA continues to monitor those with confirmed DU exposures for possible long-term health problems
- . Depleted uranium weapons and armor save U.S. service members' lives by providing more effective weapon systems on the battlefield.

What is depleted uranium? What is different about depleted uranium and natural uranium? How is depleted uranium used?

Depleted uranium is a form of uranium, a naturally occurring, slightly radioactive heavy metal found in many parts of the world. DU is the byproduct of enriching uranium for use in nuclear weapons and nuclear power plants. It is 40 percent less radioactive than natural uranium. People are routinely exposed to natural uranium in food, water, and air. The health effects of natural uranium, which has the same chemical properties as DU, are very well understood and are based on 50 years of scientific research.

Abrams tanks, Bradley Fighting Vehicles, and several aircraft systems. Depleted uranium is also used as armor for Abrams tanks. Commercial uses of DU include aircraft and sailing ship counterweights and radiation shielding of industrial and medical radiation sources.

How might service members be exposed to DU?

Service members might be exposed to DU when they occupy vehicles hit by DU munitions, rescue occupants from those vehicles, or perform other operational duties involving these vehicles (equipment removal, repair, salvage, etc.). Exposures can occur when someone is wounded and retains fragments that contain DU in his or her body, or breathes air containing DU dust, or transfers DU dust from contaminated surfaces to the mouth or to open wounds. DU must be taken into the body to be a potential health hazard.

What was the Capstone DU Project and why was it

The Capstone DU Project was composed of both the Capstone DU Aerosols Study and the Capstone DU Human Health Risk Assessment. The Capstone DU Project was sponsored by the U.S. Army (Heavy Metals Office and USACHPPM) and the DoD Deployment Health Support Directorate. Its purpose was to provide a peer-reviewed. rigorous scientific estimate of any health risks associated with breathing DU particles. The study focused on service members who may have been in or around armored vehicles when hit by large-caliber DU munitions. While the health hazards of DU are well understood, the military recognized that more information was needed about the DU aerosols. inside armored vehicles to predict possible health risks from aerosol exposure

The military uses DU in armor penetrating munitions fired by



Families

Available on www.PDHealth.mil

Questions, Information, Assistance



DoD Deployment Health Clinical Cente Walter Reed Army Medical Center Building 2, Room 3G04 6900 Georgia Ave, NW Washington, DC 20307-5001

202-782-6563 DSN:662

Provider Helpline 1-866-559-1627

E-mail: pdhealth@na.amedd.army.mil

Website: www.PDHealth.mil

Patient Helpline 1-800-796-9699